



@ Green Hill CC

5471 Whitehaven Rd, Quantico, MD 21856
Salisbury, MD 21801

Contact Information:

- Day Camp Director: Chris Adkins
Day Camp Director: Kelly Clark
- Email: chris@campodyssey.org or kelly@campodyssey.org
- Camp Phone: 443-814-9741
- Director Phone: 443-614-6293

Week of: July 11th-15th
Adventure Camp & Setting Sail

CAMP TIMES

8:30AM -3:30PM (Activities begin at 9:00)

Drop-off

8:30AM - 9:00AM

Pick-up

3:00PM - 3:30PM

Reminder: Drop-off starts at 8:30am. If you arrive prior to this time please stay in your vehicle until a staff member comes to greet you at the car. Campers must also be picked-up no later than 3:30pm.

DROP OFF/PICK UP LOCATIONS & PROCEDURES:

Please enter and exit through the Whitehaven Rd. entrance and follow the signs in. Drop off and pick up will be in the circle at the end of the main driveway. Please drive slowly and be aware of campers, golfers, and wildlife that may be on the road. The maps below are provided to give you a point of reference while on the property.





Bring everyday:

Please prepare your camper for being outside the vast majority of the day. Being summer here on the Eastern Shore, there is always a chance of rain. With that said, we are looking forward to some Delmarvalous outdoor fun and making memories to last a lifetime. The list below is just some suggestions of items to bring every day to camp.

Setting Sail Campers (entering Pre-K/K) Specific:

- Please bring a lunch, a snack, a refillable water bottle
- Sunscreen (please apply before camp) and bug spray (be sure to do tick checks on a regular basis)
- Change of clothes
- Swim suit, towel, floaties/ life vest, goggles, ear plugs, etc.
- Tennis shoes that can get dirty and/or water shoes (**shoes that can get wet...no crocs, flip flops**)
- Bag for dirty clothes
- Items for rest (blanket & pillow)
- Any medications must have written and signed doctor's instructions
- **Please label all personal items belonging to your camper (label backpacks/bags too with their name please)**

Adventure Camp Specific:

- Bring a lunch, snack & **reusable water bottle**
- A cooler/ lunch box with an ice pack to keep your child's lunch/drinks cold
- Sunscreen and bug spray (be sure to do tick checks on a regular basis)
- Swimsuit & towel
- Tennis shoes that can get dirty and/or water shoes (**shoes that can get wet...no crocs, flip flops**)
- Bag for dirty clothes
- Life vest (optional)
- Goggles (optional)
- Ear plugs (if needed)
- Fishing pole/ net (optional)
- Any medications must have written and signed doctor's instructions
- **Please label all personal items belonging to your camper**

Please be aware of **Outdoor Hazards including sun exposure, insects (ticks and mosquitoes), and water hazards.**

Leave at Home:

Please also be aware that since we are outside, this is not a place for the following items:

- No cell phones are allowed to be used by campers and CITs during the camp day. If they are brought to camp they will be collected and kept in the office. If you would like to speak with your child during the day, please contact the camp number as your child will not have access to receive calls during the day. Of course, if they need to reach you during the day, they will be given permission to use their phone or a director's phone to call or text their parents (or guardian).

- Any music-playing devices
- Electronic toys and laptops
- Valuable or potentially harmful items

What to Expect in Setting Sails:

Campers going into Pre-K and Kindergarten will be part of this program. Campers will participate in group games, sports, STEM activities, crafts, stories, songs/ dance, rest time, and pool time.

What to Expect in Adventure Camp:

Campers will participate in outdoor adventures while exploring the land and water habitats of the tidal Wicomico River and surrounding wetlands and forests. Campers will complete land and water scavenger quests, explore using canoes, experience crabbing, fishing, and hiking to locate, catch, and identify native and invasive species. Campers will learn basic boatmanship for safe canoeing/ kayaking. From snakes to snakeheads (fish), cats to catfish, campers never know what they might encounter on our daily adventures. Additionally, each day campers will have the opportunity to cool off in the pool before they head home.

Drop Off Procedure:

- **Drop off is between 8:30AM and 9:00AM**
- **Parents/Guardians will utilize the roundabout circle by the restaurant, and will remain in their vehicles.**
- Camp staff will greet the vehicle and help the camper out of the car.

Pick-Up Procedure:

- **Pick-up is from 3:00PM and 3:30PM**
- Campers will gather in their designated areas and wait for their name to be called
- **Parents/Guardians will utilize the roundabout circle by the restaurant, and will remain in their vehicles.**
- Camp Staff will greet the parent. Once the camper's name is called, they will be escorted by designated staff to their vehicle.
- The Camp staff will monitor traffic and will provide an all-clear for campers to cross the parking lot.
- All campers will be checked off as they are picked up and are signed out by the parent.

Camper Illness Protocol:

- If a camper feels sick before they arrive at camp, they are to stay home.
- Please contact the camp immediately and let them know of the camper's illness.
 - If the camper is experiencing a symptom that has been related to Covid- 19 they need to see a physician immediately and cannot return to camp without a doctor's note.

Lunch Options:

Your child has the option of ordering lunch for a day or the entire week. This must be PRE ORDERED, as the Country Club must order the food to accommodate our groups. Your order form and payment are due on the Monday of each week. **The order form can be completed online at www.campodyssey.org.** There will be no exceptions to this. Additionally, **campers will not be permitted** to order food or drinks from the snack stand during the camp day.

The lunch options are as follows: **\$10**

- **Chicken Tenders and French Frie,**
- **Grilled Cheese and French Fries**
- **Hotdog and French Fries**

***** All lunch options come with Lemonade**

Camp Odyssey @ Green Hill Pool Policies:

Lifeguard(s): Green Hill will provide two certified lifeguards that will be on duty while campers are in the pool. The Lifeguards will be enforcing pool rules that are mandated by Green Hill.

Counselors: Counselors will be present while their campers are in the pool. If the counselor chooses to swim, they are to be attentive to the members of the group. Counselors are permitted to play games, swim, and assist campers while in the pool. Counselors who are on the deck are still responsible for campers who are swimming, and are to be attentive at all times. All counselors are to enforce pool rules mandated by Green Hill.

Locker room: Campers are to follow the rules of Green Hill while in the locker room. Campers are only permitted in the locker room to change and use the restroom. They are to keep the locker room free of trash and are to be responsible for their belongings. Counselors are permitted to help campers with bathing suit issues, but are not permitted to be one on one with a camper in the locker room.

Pool Rules: Defer to Green Hill

Buddy System: Campers will be partnered up with a buddy for the entire day. While at the pool, if a camper is going to the locker room, they will go with their buddy.

Setting Sail (Prek/K): campers will need to wear a Coast Guard Approved life vest or flotation device while in the large pool. If they do not have one/wear one, they will only be permitted to play in the splash pool. Setting Sail counselors will be dispersed, with one counselor in the large pool, and one counselor in the splash pool. They will escort campers to the locker room.

Swim Test: All campers in One Fish (rising 1st grade) to Sharks (rising 8th grade) will be assessed on Mondays. For a camper to pass the swim test they must competently and confidently swim the entire length of the pool, face in the water, without stopping to rest.

Campers who complete the test successfully will be identified by wearing a green wristband, which they must wear the entire week.

Campers who cannot pass the swim test will be identified by wearing a red wristband. They must stay in the shallow end of the pool, which is marked off by a rope. This will be strictly enforced.

Group leaders will maintain a list of campers who have passed/failed the swim test.