Please see COVID SCREENER in the Drop off policy. The COVID Screener can be found at: https://forms.gle/cQNsH5GA9r1Hua2U9

Camp ssey

*@* Green Hill CC 5471 Whitehaven Rd, Quantico, MD 21856 Salisbury, MD 21801

## **Contact Information**

- Day Camp Director: Chris Adkins
- Assistant Day Camp Director: Kelly Clark
- Email: chris@campodyssey.org
- Camp Phone: 443-814-9741
- Director Phone: 443-614-6293
- Assistant Director Phone: 443-614-2608

# Week of: August 16th-20th

**Special Events:** 

- Fishing on Wednesday (weather permitting). Optional, bring a fishing rod from home. Camp does have fishing rods for campers to use.

# DAY CAMP TIMES

8:30AM -3:30PM (Activities begin at 9:00)

# PICK UP

3PM - 330PM

## Early Drop-Off

730AM – 830AM

After-Camp

330PM – 530PM

-Note: After-Camp will take place at the pool.

## **DROP OFF/PICK UP LOCATIONS & PROCEDURES**

Please enter and exit through the Whitehaven Rd. entrance and follow the signs in. Drop off and pick up will be in the circle at the end of the main driveway. Please drive slowly and be aware of campers, golfers, and wildlife that may be on the road. The maps below are provided to give you a point of reference while on the property.





# **BRING EVERYDAY**

Please prepare your camper for being outside the vast majority of the day. Being summer here on the Eastern Shore, there is always a chance of rain, but with that said, we are looking forward to some Delmarvalous outdoor, fun, and making memories to last a lifetime. The list below is just some suggestions on what to bring every day to camp.

#### Setting Sail Campers (entering Pre-K/K) Specific:

- Please bring a lunch, a snack, a refillable water bottle
- Sunscreen(please apply before camp) and bug spray
- Back up change of clothes (shoes that can get muddy)
- Swim suit, towel, floaties, life vest, goggles, ear plugs, etc.
- Tennis shoes that can get dirty (no crocs, flip flops) and water shoes (shoes that can get wet)
- Bag for dirty clothes
- Items for rest (blanket, pillow)
- Any medications must have written and signed doctor's instructions

#### One Fish to Sharks (entering 1st to 8th grade) Specific:

- Bring a lunch, snack & reusable water bottle/drink container
- A cooler, with ice to keep your child's lunch/drinks cold.
- Apply sunscreen and bug spray for any outdoor activities.
- Be sure to do tick checks on a regular basis.
- Any medications must have written and signed doctor's instructions
- A bathing suite, towel, old sneakers, water shoes (shoes that can get wet) and a change of clothes
- Bag for dirty clothes
- Goggles, ear plugs, etc. (optional)
- Tennis Racquet (optional)
- Golf Clubs (Optional)
- Tennis Shoes (no flip flops, crocs or open toe sandals)
- Please label all personal items belonging to your camper

## LEAVE AT HOME

#### Please also be aware that since we are outside, this is not a place for the following items:

- No cell phones are allowed to be used by campers and CITs during the camp day. If they are brought to camp they will be collected and kept in the office. If you would like to speak with your child during the day, please contact the camp number as your child will not have access to receive calls during the day. Of course, if they need to reach you during the day, they will be given permission to use their phone or a director's phone to call or text their parents (or guardian).
- Any music-playing devices
- Electronic toys and laptops
- Valuable or potentially harmful items

# Drop Off Procedure:

- Drop off is between 8:30 and 9:00
- <u>Parents/Guardians will utilize the roundabout circle by the restaurant, and will remain in their vehicles.</u>
- Camp staff will greet the vehicle and help the camper out of the car.
- Parents will be required to fill out an online screener for each camper before or upon arrival to camp. The screener can be accessed by clicking on the link below.
  - <u>https://forms.gle/cQNsH5GA9r1Hua2U9</u>
- If the screener has not been filled out, the camper must wait for the parent to fill out before exiting the vehicle.

# Pick-Up Procedure:

- Pick-up is from 3:00 and 3:30
- Campers will gather in their designated areas and wait for their name to be called
- Parents/Guardians will utilize the roundabout circle by the restaurant, and will remain in their vehicles.
- Camp Staff will greet the parent. Once the camper's name is called, they will be escorted by designated staff to their vehicle.
- The Camp staff will monitor traffic and will provide an all-clear for campers to cross the parking lot.
- Parents are not to exit their vehicle.
- All campers will be checked off as they are picked up and are signed out by the parent.

## Camper illness protocol:

- If a camper feels sick before they arrive at camp, they are to stay home. Please contact the camp immediately and let them know of the camper's illness.
  - If the camper is experiencing a symptom that has been related to Covid- 19 they need to see a physician immediately and cannot return to camp without a doctor's note.
  - People with COVID-19 have had a wide range of symptoms reported ranging from mild symptoms to severe illness.
- Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
  - Fever or chills
  - Cough, Shortness of breath or difficulty breathing
  - Fatigue, Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting, Diarrhea

## Lunch Options

Your child has the option of ordering lunch for a day or the entire week. This must be PRE ORDERED, as the Country Club must order the food to accommodate our groups. **The order form can be completed online at www.campodyssey.org.** There will be no exceptions to this. Additionally, **campers will not be permitted** to order food or drinks for the snack stand during the camp day.

The lunch options are as follows: \$9

- Chicken Tenders and French Fries,
- Grilled Cheese and French Fries
- Hotdog and French Fries

All come with Lemonade

### Camp Odyssey @ Green Hill Pool Policies

<u>Lifeguard(s)</u>: Green Hill will provide two certified lifeguards that will be on duty while campers are in the pool. The Lifeguards will be enforcing pool rules that are mandated by Green Hill.

<u>Counselors</u>: Counselors will be present while their campers are in the pool. If the counselor chooses to swim, they are to be attentive to the members of the group. Counselors are permitted to play games, swim, and assist campers while in the pool. Counselors who are on the deck are still responsible for campers who are swimming, and are to be attentive at all times. All counselors are to enforce pool rules mandated by Green Hill.

**Locker room:** Campers are to follow the rules of Green Hill while in the locker room. Campers are only permitted in the locker room to change and use the restroom. They are to keep the locker room free of trash and are to be responsible for their belongings. Counselors are permitted to help campers with bathing suit issues, but are not permitted to be one on one with a camper in the locker room.

## Pool Rules: Defer to Green Hill

**Buddy System:** Campers will be partnered up with a buddy for the entire day. While at the pool, if a camper is going to the locker room, they will go with their buddy.

<u>Setting Sail (Prek/K)</u>: campers will need to wear a Coast Guard Approved life vest or flotation device while in the large pool. If they do not have one/wear one, they will only be permitted to play in the splash pool. Setting Sail counselors will be dispersed, with one counselor in the large pool, and one counselor in the splash pool. They will escort campers to the locker room.

**Swim Test:** All campers in One Fish (rising 1st grade) to Sharks (rising 8th grade) will be assessed on Mondays. The Green Hill Lifeguards will administer the test and certify individual success or failure. For a camper to pass the swim test they must:

- Competently and confidently swim the front crawl the entire length of the pool, face in the water, without stopping to rest.

Campers who complete the test successfully will be identified by wearing a green wrist band, which they must wear the entire week.

Campers who cannot pass the swim test will be identified by wearing a red wristband. They must stay in the shallow end of the pool, which is marked off by a rope. This will be strictly enforced.

Group leaders will maintain a list of campers who have passed/failed the swim test.